Reducing Operating Room electricity usage



25% of hospital operating costs go towards meeting energy needs*

ORs are 6-times as energy intensive as other clinical areas §

Due to temperature and humidity control, the use of energy-intensive specialized lighting, anesthesiology equipment, and surgical tools



Equipment including lights and HVAC systems are often left on at all times yet on average ORs are <u>not</u> in use for **40%** of the time ¶

There is scope for significant energy and cost saving with more efficient electricity use

OR space utilization = 60%

POWER DOWN INITIATIVES

SWITCH OFF & UNPLUG...

lights, anesthesia machines, computers / monitors, surgical equipment etc.

This can be done in most ORs during nights and weekends

LED LIGHTING

Minimal radiant heating for LED lights means reduced cooling requirement vs halogen lighting

Overall LED lights have a 49% reduced energy load ¶

RETROFITTING

Retrofitting of sterilization and medical gas vacuum equipment to improve efficiency.

This requires discussion with engineering team

HEALTHCARE **DECARBONIZATION**

Initiatives might include:

- Powering the OR with 100% renewable energy
- Investment in zeroemission infrastructure
- Transition to zero-emission and sustainable travel and transport

OCCUPANCY SENSORS

Motion detectors for lighting / HVAC etc.

SOLAR FLIM

When placed on windows, this can reduce heat loss in winter and prevent overheating in summer

HVAC SYSTEM REVIEW

Audit efficiency and consider upgrade to more efficient system

OTHER

Outside of 'power down' hours, where possible:

- Keep doors closed
- Unplug equipment
- Disconnect vacuum and medical air
- Put computers / monitors in power save mode

BARRIERS TO IMPLEMENTATION

Main barrier:

Departmental buy-in

BUY-IN SOLUTIONS

Identify a 'power down' lead

Nursing staff are well positioned for this role given their responsibility for prepping the OR out-of-hours

Increase awareness

The healthcare sector is responsible for 10% of US emissions - many small gains produce signficant positive impact

Engage staff

Reinforce the idea of water and energy both being resources to be used only when required

Real-time monitoring & reporting e.g. through use of audit / PDSA cycles Advocate for renewable energy switch See 'local advocacy hot topic' for tips

BENEFITS

At one US center, a power down initiative for anaesthesia machines, lighting, & computer monitors alone (across 41 ORs), reduced emissions by > 230 metric tons - equivalent to the carbon sequestered by almost 280 acres of forest ¥



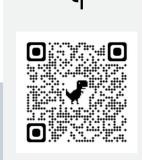
These small changes can reduce energy costs by up to 45% *

Even reducing energy use by under 10% in ORs across the US would see net cost savings of just under **\$1 billion** over a 5 year period #













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